

OCTAIKON

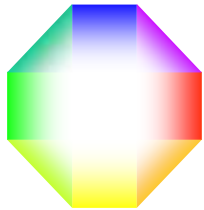
A brief explanation

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The **Octaikon** is a model that represents a person as an integration of *body* and *soul* differentiated into ten *faculties*.

It has been derived from many existing ideas and concepts.

The model is typically visualised as an octagon graphic, usually coloured (body = colours, soul = central part) both printed and electronic,



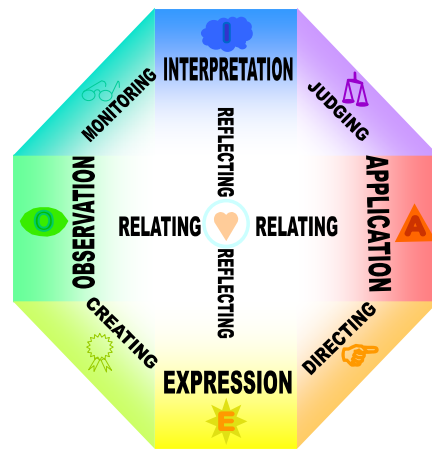
and as wooden blocks.



The model can be used as a life-long **educational and therapeutic tool** to help children and adults develop their faculties, and understand who they “are”, how they behave and what they believe.

It can be used not only for self-help but also to understand other people, improve interpersonal relationships, and explore spiritual connexions.

The ten faculties can be summarised by keywords and symbols, as follows:



There are many possible **SETTINGS** where this model or tool can be used:

In the home

where individuals would like to understand themselves better, and do a bit of self-improvement.

In families

where parents wish to explain to their children how they function as people, and why we are different from each other.

In kindergartens

where young children are being encouraged to develop their physical and mental faculties.

In schools

where teachers want to help children and adolescents understand themselves and their peers and how to relate to each other.

In colleges and universities

where students or researchers need to explore new or old ideas about human function, behaviour or belief.

In religious education

where instructors want to explain and visualise the doctrines of faith, and how we relate to God.

In marriage
where counsellors need to clarify roles and responsibilities, sources of conflict, and how to restore relationships.

In management courses, where trainers want to explain personality theories or problem solving, and promote team working.

In behavioural therapy where patients need to understand their condition and address the possible causes.

In missionary situations where the evangelizer wants to explain spiritual ideas in an understandable and non-threatening way.

In communities where there is a need to facilitate participation and inclusion in social development.

There are many **METHODS OF USE** for the tool in its different forms.

As wooden blocks the model and its parts can be used initially by children to *explore shape and colours* and *promote dexterity and creativity*, paving the way for later, more advanced use.

The blocks can also be used by older children and adults as *tactile aids in discussions* about the faculties and concepts that the model represents.

In the form of a printed or electronic graphic, it can be used in its basic form to imagine and discuss the faculties (in the same way as the blocks).

If the printed graphic is laminated the user can write on the surface drawing links between the faculties and making notes.

The graphic can be overprinted in the form of a *mind map* with core features of an idea showing how they relate to the faculties. This can be very useful to help explain, compare and memorise ideas.



The electronic versions of the model have been developed into *presentations* and *animations* that facilitate interactive learning on a *computer* and over the *internet*.

Simple animated graphics can be attached to *e-mail messages* or downloaded to *mobile phones* so as to share or remember ideas learnt using the model.

The model can also be visualised as an *allegory* of an island in a sea to enable more advanced philosophical or spiritual ideas to be discussed.



For further details, see www.octaikon.co.uk
The best introduction to the resources is found in the **Okki Stuff** PDF file (8Mb).